



UTAH DEPARTMENT OF
HEALTH

What is Home Visiting?

“The predominant and most thoroughly researched child abuse prevention strategy is early childhood home visitation.”

*'09 National Conference of
State Legislatures*



“Up to 40% of all child maltreatment could be prevented if home visiting was widely available.”

*Centers for Disease Control and
Prevention*

The Office of Home Visiting (OHV) is a support and resource center for entities implementing research-based home visitation programs, including Nurse Family Partnerships, Family Spirit and Parents as Teachers. For more information, call Sam Lee at (801) 273-2884

Home visiting is community-based in-home support and education designed to enable and empower pregnant women and families by building on individual and family qualities that promote healthy babies, respectful familial relationships, and safe communities. Programs are voluntary and begin during pregnancy and may continue until children are school age. These services can include providing information about parenting and child development, linking families to other community resources and services and providing social support.



- There are currently two evidence based home visiting models funded by the Office of Home Visiting
 - Parents as Teachers (PAT) and Nurse Family Partnership (NFP)
- In Federal Fiscal Year 2016 OHV received \$8M in federal funding for Home Visiting in Utah
- OHV currently provides funding to nine local implementation agencies that actually provide the home visiting services in Utah. Funded agencies include:
 - Bear River Health Department (NFP)
 - Weber/Morgan Health Department (NFP)
 - Davis County Health Department (NFP)
 - Salt Lake County Health Department (NFP) (PAT)
 - Utah County Health Department (NFP)
 - Children's Service Society (PAT)
 - Prevent Child Abuse Utah (PAT)
 - The Learning Center for Families (PAT)
- Home Visitation programs are an effective means of reaching vulnerable infants and toddlers before delays occur, thereby preventing more long-term costs and social and emotional impacts in later years.¹
- For vulnerable families who are expecting a first child, early and intensive support by skilled home visitors can produce significant benefits for both the child and parents.²
- Research suggests long term benefits from early childhood interventions include decreased expenditures in the juvenile and criminal justice systems, decreased special education costs, increased tax revenues from higher incomes, and decreased reliance on government assistance.²

¹ Melmed, J.D. (2006) Statement of the Zero to Three Policy Center www.zerotothree.org

² Center on the Developing Child at Harvard University (2007)). A science based framework for early childhood Policy: Using Evidence to Improve Outcomes in Learning, Behavior, and Health for Vulnerable Children. www.developingchild.harvard.edu